

## **MAY** WALKING SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## Monday to Friday - 9 am to 3 pm

\*Please note: Schedule is subject to change.

4 Laps = 1 KM 6.44 Laps = 1 Mile